

Maximum Food Benefits for Breastfeeding Moms with Multiples*

Infants' breastfeeding levels		Baby's maximum formula	Mom's maximum food benefits per month	
Baby 1	Fully BF	None	<ul style="list-style-type: none"> • Milk—34 quarts • Cheese—2 lb • Eggs—3 dozen • Juice—alternating monthly issuance 4 cans/5 cans • Cereal—54 oz • Fruits/vegetables voucher--\$16.50 • Whole grains—24 oz. • Fish—45 oz. • Legumes—1 lb dry or 4 cans beans/peas/lentils • Peanut butter—2 jars 	If the second jar of peanut butter does not assign, staff must manually add it
Baby 2+	Fully BF	None		
Baby 1	Fully BF	None	<ul style="list-style-type: none"> • Milk—21 quarts • Cheese—2 lb • Eggs—2 dozen • Juice—3 cans • Cereal—36 oz • Fruits/vegetables voucher--\$11 • Whole grains—16 oz. • Fish—30 oz • Legumes—1 lb dry or 4 cans beans/peas/lentils • Peanut butter—1 jar 	<p>If default food prescription does not assign correct food amounts, do the following:</p> <ol style="list-style-type: none"> 1. Change baby(ies) not fully breastfeeding to “fully breastfeeding” 2. Assign default food prescription for mom and tailor down to correct amounts of food 3. Print mom's benefits 4. Change partially BF baby(ies) back to proper BF level 5. Assign formula benefits needed and print benefits for baby(ies) 6. Document situation and what you have done
Baby 2+	Partially BF	1 st 30 days: 1 can powder Month 2-11: \leq 1/2 full formula issuance amount		

* For women breastfeeding more than 2 babies, consult the guidance for the 2 babies with the highest level of breastfeeding

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Baby 1	Fully BF	None	<ul style="list-style-type: none"> • Milk—21 quarts • Cheese—2 lb • Eggs—2 dozen • Juice—3 cans • Cereal—36 oz • Fruits/vegetables voucher--\$11 • Whole grains—16 oz. • Fish—30 oz • Legumes—1 lb dry or 4 cans beans/peas/lentils • Peanut butter—1 jar 	<p>If default food prescription does not assign correct food amounts, do the following:</p> <ol style="list-style-type: none"> 1. Change baby(ies) not fully breastfeeding to “fully breastfeeding” 2. Assign default food prescription for mom and tailor down to correct amounts of food 3. Print mom's benefits 4. Change partially BF baby(ies) back to proper BF level 5. Assign formula benefits needed and print benefits for baby(ies) 6. Document situation and what you have done
Baby 2+	Some BF	BF minimum once per day, receiving up to full formula issuance amount		
Baby 1	Fully BF	None	<ul style="list-style-type: none"> • Milk—21 quarts • Cheese—2 lb • Eggs—2 dozen • Juice—3 cans • Cereal—36 oz • Fruits/vegetables voucher--\$11 • Whole grains—16 oz. • Fish—30 oz • Legumes—1 lb dry or 4 cans beans/peas/lentils • Peanut butter—1 jar 	<p>If default food prescription does not assign correct food amounts, do the following:</p> <ol style="list-style-type: none"> 1. Change baby(ies) not fully breastfeeding to “fully breastfeeding” 2. Assign default food prescription for mom and tailor down to correct amounts of food 3. Print mom's benefits 4. Change partially BF baby(ies) back to proper BF level 5. Assign formula benefits needed and print benefits for baby(ies) 6. Document situation and what you have done
Baby 2+	Not BF	Full formula benefits		

Baby 1	Partially BF	1 st 30 days: one can powder	<ul style="list-style-type: none"> • Milk—21 quarts • Cheese—2 lb • Eggs—2 dozen • Juice—3 cans • Cereal—36 oz • Fruits/vegetables voucher--\$11 • Whole grains—16 oz. • Fish—30 oz • Legumes—1 lb dry or 4 cans beans/peas/lentils • Peanut butter—1 jar 	<p>If default food prescription does not assign correct food amounts, do the following:</p> <ol style="list-style-type: none"> 1. Change baby(ies) not fully breastfeeding to “fully breastfeeding” 2. Assign default food prescription for mom and tailor down to correct amounts of food 3. Print mom’s benefits 4. Change partially BF baby(ies) back to proper BF level 5. Assign formula benefits needed and print benefits for baby(ies) 6. Document situation and what you have done
Baby 2+	Partially BF	Month 2-11: $\leq 1/2$ full formula issuance amount		
Baby 1	Partially BF	1 st 30 days: one can powder Month 2-11: $\leq 1/2$ full formula issuance amount	<ul style="list-style-type: none"> • Milk—19 qts • Cheese—1 lb • Eggs—1 dozen • Juice—3 cans • Cereal—36 oz • Fruits/vegetables voucher--\$11 • Whole grains—16 oz. • Legumes—1 lb dry or 4 cans beans/peas/lentils • Peanut butter—1 jar 	<p>If default food prescription does not assign correct food amounts, do the following:</p> <ol style="list-style-type: none"> 1. Change baby(ies) not fully breastfeeding to “fully breastfeeding” 2. Assign default food prescription for mom and tailor down to correct amounts of food 3. Print mom’s benefits 4. Change partially BF baby(ies) back to proper BF level 5. Assign formula benefits needed and print benefits for baby(ies) 6. Document situation and what you have done
Baby 2+	Some BF	BF minimum once per day, receiving up to full formula issuance amount		

Baby 1	Partially BF	1 st 30 days: one can powder Month 2-11: $\leq 1/2$ full formula issuance amount	<ul style="list-style-type: none"> • Milk—19 qts • Cheese—1 lb • Eggs—1 dozen • Juice—3 cans • Cereal—36 oz • Fruits/vegetables voucher--\$11 • Whole grains—16 oz. • Legumes—1 lb dry or 4 cans beans/peas/lentils • Peanut butter—1 jar 	<p>If default food prescription does not assign correct food amounts, do the following:</p> <ol style="list-style-type: none"> 1. Change baby(ies) not fully breastfeeding to “fully breastfeeding” 2. Assign default food prescription for mom and tailor down to correct amounts of food 3. Print mom’s benefits 4. Change partially BF baby(ies) back to proper BF level 5. Assign formula benefits needed and print benefits for baby(ies) 6. Document situation and what you have done
Baby 2+	Not BF	Full formula issuance		
Baby 1	Some BF	BF minimum once per day, receiving up to full formula issuance amount	<ul style="list-style-type: none"> • Milk—13 qts • Cheese—1 lb • Eggs—1 dozen • Juice—2 cans • Cereal—36 oz • Fruits/vegetables voucher--\$11 • Peanut Butter or Legumes—1 jar <u>or</u> 1 lb dry <u>or</u> 4 cans beans/peas/lentils <p>Mom is eligible to receive food benefits until babies’ 6 month birthday, and eligible to continue to receive education and breastfeeding support benefits until babies’ first birthday.</p>	<p>If default food prescription does not assign correct food amounts, do the following:</p> <ol style="list-style-type: none"> 1. Change baby(ies) not fully breastfeeding to “fully breastfeeding” 2. Assign default food prescription for mom and tailor down to correct amounts of food 3. Print mom’s benefits 4. Change partially BF baby(ies) back to proper BF level 5. Assign formula benefits needed and print benefits for baby(ies) 6. Document situation and what you have done
Baby 2+	Some BF			

Infants' breastfeeding levels		Maximum formula	Mom's maximum food benefits per month	
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Baby 2+	Not BF	Full formula issuance	<ul style="list-style-type: none"> • Fruits/vegetables voucher--\$11 • Peanut Butter or Legumes—1 jar <u>or</u> 1 lb dry <u>or</u> 4 cans beans/peas/lentils <p>Mom is eligible to receive food benefits until babies' 6 month birthday, and eligible to continue to receive education and breastfeeding support benefits until babies' first birthday.</p>	
Baby 1	Not BF	Full formula issuance	<ul style="list-style-type: none"> • Milk—13 qts • Cheese—1 lb • Eggs—1 dozen • Juice—2 cans • Cereal—36 oz • Fruits/vegetables voucher--\$11 • Peanut Butter or Legumes—1 jar <u>or</u> 1 lb dry <u>or</u> 4 cans beans/peas/lentils <p>Mom is eligible to receive food benefits until babies' 6 month birthday, and eligible to continue to receive education and breastfeeding support benefits until babies' first birthday.</p>	<p>If default food prescription does not assign correct food amounts, do the following:</p> <ol style="list-style-type: none"> 1. Change baby(ies) not fully breastfeeding to “fully breastfeeding” 2. Assign default food prescription for mom and tailor down to correct amounts of food 3. Print mom's benefits 4. Change partially BF baby(ies) back to proper BF level 5. Assign formula benefits needed and print benefits for baby(ies) 6. Document situation and what you have done
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